

EDITORIAL

Motivation

Maria Catarina Salvador da Motta

In the year that Anna Nery School of Nursing completes its 80th year, we are proud to draw attention to the 6th anniversary of Anna Nery School Nursing Magazine. I say proud because I had the privilege of having accompanied it actively since its inception until April of this year. I can, therefore, affirm that despite all difficulties, the magazine continues its growth in structure and knowledge production.

This year, the tenure of Professor Doctor Maria Aparecida Vasconcelos Moura as chief editor of Anna Nery School Nursing Magazine came to an end. She has been relentless in the effort of providing continuity to the projection of this magazine both in national and international levels. A new administration begins with Professor Doctor Isaura Setenta Porto, who will certainly fulfill this task with distinction, through her enthusiasm, motivation, and qualifications, continuing the work done so far. Several modifications are needed and you, dear reader, will verify that in this very issue of the new administration. This fact leads us to the meaning of these words, which by invitation of the Director of EEAN/UFRJ, I bring to you in this editorial: the motivation. We may begin by asking: what moves us? What gives us strength to continue and overcome the difficulties in such a delicate moment?

According to Ferreira (2002)¹, motivation is “the array of psychological factors (conscious

and subconscious) of physiological, intellectual or affective order, which interact and determine an individual’s behavior.”

As Salvador¹ (2003 p2) considers, we live in confuse, violent, and even shocking days. And still, we go on, facing constant challenges. Hunger and intolerance among men shed a stain over humanity and consequently interfere directly in the motivation level of each one. In the conscious level, it is possible to cite as motivation agents of physiological order the necessities of feeding, drinking, breathing, protecting our bodies, etc. Among the motivation agents of intellectual order, are the necessity of feeling capable, to know sciences, and to understand and participate in the complex world in which we live. Thus, we can not fail to mention the motivation agents of affective order, of which we can cite the necessity of being important and loved by other people in the family, social, and work environments. For an optimal level of motivation, these three factors must coexist in our daily life.

In the 14 articles presented in this issue, we can identify a high degree of total motivation in the production of scientific knowledge in Nursing, expressed mainly in three articles focusing on the construction of nursing knowledge.

Two articles had AIDS as subject, which is a still disturbing public health issue. Basic health

care was contemplated by two articles, related to the health condition of children in a community day care center and hypertense clients. Another article focus on children that received intensive care, analyzing especially the demands of discharge care. Nursing care was the subject of two articles. One of them highlights the care provided to riverside populations, and is analyzed in light of Boaventura de Sousa Santos' thinking, in order to bring to light the multiple extensions of daily of health care. And the other article describes the nursing care of hospitalized adults, categorizing these cares into technical, technological and expressive order and classified them according to their importance and priority, indicated by the patients themselves.

The tenth article studies the caregiver of the elderly and the ethics of taking care, reflecting upon how the ethics of the act of caring orientates the job of these caregivers.

Nursing teaching was the theme of two articles. The first one presents a study about some ludic aspects of the art of teaching and caring in

nursing, focusing on an expressive part of the profession, distinguishing two forms of art in Nursing. The following article presents a social historical study discussing nursing internship related to obstetric nursing teaching.

The last article brings a proposal of a prototype software for systemizing nursing care in a hospital environment, describing the development stages. This article brings an important contribution to the process of hospital computerizing that we experience today.

After this remarks about the configuration of v. 7, n. 3 of Anna Nery School Nursing Magazine, the fact is that it shows us, undoubtedly, the motivation of our fellow nurses with their jobs. Finally, we encourage you, dear reader, to question yourself what is you motivation? Reflect upon that. Do you feel motivated with your job and assignments? Are you identified with the values of your organization? Dig and find out what really moves you, be trustful to your wishes and, mainly, do not be afraid to be yourself. Make your choices.

Notas

1 <http://www2.uol.com.br/AURÉLIO>.

2 SALVADOR, R. No alvo. Boletim. Ano 1, número 3, maio/junho 2003.

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